

## ***HU Student Resources***

### **EMERGENCY**

**911** (9-9-1-1 from an internal university phone)

**Campus Security:** 717-901-5180

**National Poison Control:** 800-222-1222

**Non-Emergency Police, Ambulance and Fire Department:** 717-558-6900

**Dauphin County Crisis Intervention** (hotline, walk-in, and mobile mental health crisis services): 717-232-7511 or 888-596-4447

**Emergency Room-** Pinnacle Health Services: 717-782-5256

### **HOTLINES**

**National Suicide Prevention Hotline:** 800-273-8255

**Crisis Text Hotline:** Text “start” to 741-741

**Helpline** (Harrisburg): 800-932-4616 to talk, 2-1-1 for resources

**YWCA Sexual Assault and Domestic Violence Hotline:** 800-654-1211

### **HEALTH AND COUNSELING RESOURCES**

**HU Counseling Services:** 717-901-5100, x0253 [counseling@harrisburgu.edu](mailto:counseling@harrisburgu.edu)

**Alder Health Services-** Free STD testing and treatment, primary care and mental health services: 717-233-7190

**Hamilton Health Center:** 717-232-9971

**Planned Parenthood:** 717-234-2468 or 800-230-PLAN

**Urgent Care Centers**- No appointment necessary, accept most insurance:

Aspire Care: 717-901-3440, 49 Prince Street, Harrisburg

AllbetterCare: 717-540-9355, 2323 Linglestown Rd, Harrisburg or 717-796-9355, 6481 Carlisle Pike, Mechanicsburg

Patient First (close to CAT stop): 717-943-1566, 5125 Jonestown Rd, Harrisburg

Harrisburg East Concentra: 717-558-6708, 4200 Union Deposit Rd, Ste G, Harrisburg

**Capitol Area Transit (CAT): 717-238-8326**